



GREENSHAW
LEARNING TRUST

G.F. MENU

Week 1

2024

**BRAND
NEW!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Sweet Chilli Pork served with Rice A.F.	Beef Lasagne 4,7.	Chicken Fillet Roast Served with New Potatoes and Gravy A.F.	Chicken Rogan Josh served with Rice A.F.	MSC Fry Pollock Served with Baked Chips 5.
MAIN MEAL 2	Cheese and Tomato Pizza 7.	Quorn Bolognese Served with Penne Pasta 7.	Vegetarian Sausage Casserole 12.	Onion Bhaji Grill served with Rice A.F.	Falafel Burger served with Rice A.F.
MAIN MEAL 3	Jacket Potatoes with Cheese and Baked Beans 7.	Jacket Potatoes with Cheese or BBQ Pork Sauce 7.	Jacket Potatoes with Cheese or Bolognese Sauce 7.	Jacket Potatoes with Cheese or Chicken Sauce 7.	Jacket Potatoes with Cheese and Baked Beans 7.
DESSERTS Please note: Custard contain 4,7.	Apple sponge 4,7. Served with custard 4,7.	Pear Crumble A.F. Served with custard 4,7.	Fruit Jelly A.F. Served with custard 4,7.	Lemon Sponge 4,7. Served with custard 4,7.	Chocolate doughnuts 4,7.
SIDES	Dice Carrot A.F.	Mixed Salad A.F.	Mix Vegetables A.F.	Sweetcorn A.F.	Beans A.F.

AVAILABLE DAILY

Wholemeal bread, fresh salads, a variety of seasonal fresh fruit, yogurts & jacket potatoes. Please note that all our dishes can be adapted to suit the majority of dietary requirements



Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.

ALLERGEN KEY

- 1. Celery
- 2. Gluten
- 3. Crustaceans
- 4. Eggs
- 5. Fish
- 6. Lupine
- 7. Milk
- 8. Molluscs
- 9. Mustard
- 10. Peanuts
- 11. Sesame
- 12. Soybeans
- 13. Sulphites
- 14. Tree nuts
- A.F. Allergens free

G.F. MENU

Week 2

2024

**BRAND
NEW!**

ALLERGEN KEY

- 1. Celery
- 2. Gluten
- 3. Crustaceans
- 4. Eggs
- 5. Fish
- 6. Lupine
- 7. Milk
- 8. Molluscs
- 9. Mustard
- 10. Peanuts
- 11. Sesame
- 12. Soybeans
- 13. Sulphites
- 14. Tree nuts
- A.F. Allergens free

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Chinese Sweet and Sour Chicken with Noodles 4,12.	Penne Pasta Bolognese A.F.	Roast pork Served with New Potatoes and Gravy A.F.	Chicken Meatballs Served with Rice 12,13.	MSC Grill Cod Fillet Served with Baked Chips 5.
MAIN MEAL 2	Cheese and Tomato pizza 7.	Stuffed potatoes 7.	Cheese Pinwheels with Roast Potatoes and Vegetables 7,13.	Sweet Potato & Lentil in a Tomato Sauce 1.	Vegetarian Burger with Baked Chips A.F.
MAIN MEAL 3	Jacket Potatoes with Cheese and Baked Beans 7.	Jacket Potatoes with Cheese or BBQ Pork Sauce 7.	Jacket Potatoes with Cheese or Bolognese Sauce 7.	Jacket Potatoes with Cheese or Chicken Sauce 7.	Jacket Potatoes with Cheese and Baked Beans 7.
DESSERTS Please note: Custard contain 4,7.	Fruit Salad A.F.	Carrot Cake 4,7,12. Served with custard 4,7.	Strawberry mousse 7.	Blackberry Sponge 4,7,12. Served with custard 4,7.	Waffle 4,7,12.
Sides	Dice Carrot A.F.	Mixed Salad A.F.	Mix Vegetables A.F.	Sweetcorn A.F.	Beans A.F.

AVAILABLE DAILY

Wholemeal bread, fresh salads, a variety of seasonal fresh fruit, yogurts & jacket potatoes. Please note that all our dishes can be adapted to suit the majority of dietary requirements